

Appendix: Out of the Depths

PSALMS OF LAMENT IN PASTORAL CARE

Cf. Psalm 6; 13; 22; 35; 38; 40:11-17; 55; 56; 59; 64; 69; 77; 88; 140; 142; 143

- I. Address of God in trouble.

- II. Complaint to God about trouble as meditation
 - A. Description of trouble
 - B. Description of enemies and hurt from them
 - C. Complaint against God for indifference and inactivity.

3. Confession of faith as meditation
 - A. Confidence in God's grace
 - B. Confidence in help from him.

4. Prayer to God in trouble
 - A. Imprecation against enemies
 - i. Surrender of the injury to God
 - ii. Recognition of God as the just avenger
 - B. Intercession for God's people
 - C. Pleas for help.

5. Praise of God
 - A. Meditation on God's mighty works
 - B. Promise of thankoffering or praise
 - C. Praise for anticipated help as meditation.

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